





We like to care for our staff as much as we care for the people who access our services.



Health BOCS enables us to promote health and wellbeing activities and initiatives to everyone.



We want to keep this as part of our culture so it will continue to make our services better.



More information is available on the Intranet and monthly Staff E-Newsletter/ printed Newsletter.



Living, working, having fun and making choices

We believe prevention is better than cure and aim to be proactive in our approach. Our investment includes:



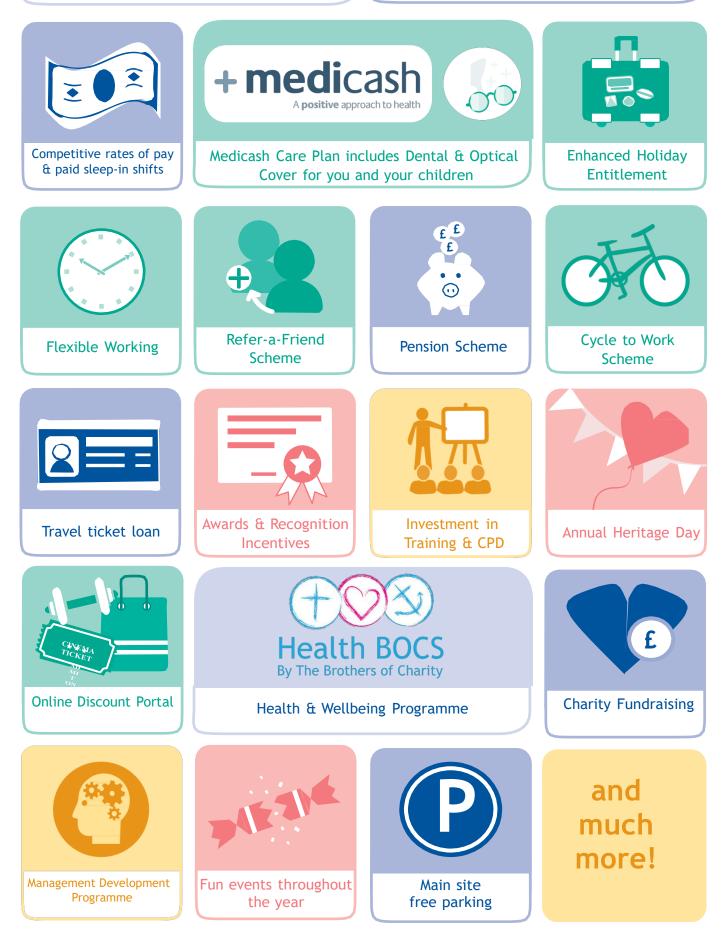




We are proud to be awarded Investors in People Gold



Our Ethos, Vision and Values promote dignity and respect, making us a great place to work





## Brothers of Charity Services working in partnership for positive lives across the North West

## Health & Wellbeing Calendar of Events

## 2021/2022

Month	Date	Event
April 2021	2 <sup>nd</sup> April	- World Autism Awareness Day
May 2021	17 <sup>th</sup> – 23 <sup>th</sup> May	- Dementia Awareness Week
June 2021	1 <sup>st</sup> – 7 <sup>th</sup> June	-National Volunteers Week
	14 <sup>th</sup> - 20 <sup>th</sup> June	- Diabetes Awareness Week
	7 <sup>th</sup> -13 <sup>th</sup> June	- National Carers week
	14 <sup>th</sup> -20 <sup>th</sup> June	- Learning Disability Awareness
		Week ,
July 2021	All month	- Medicash / Staff Benefits
August 2021	All month	- Sun Care
	All month	- BBQ Safety
September 2021	All month	- World Alzheimer's month
	25 <sup>th</sup> September	- MacMillan Coffee Morning
	22 <sup>nd</sup> September	- National Fitness Day
October 2021	All month	- Breast Cancer Awareness Month
	All month	- Stoptober
	10 <sup>th</sup> October	- World Mental Health Day
	18 <sup>th</sup> October	- Anti Slavery Day
	All month	- Winter/Flu Jab promotion
November 2021	All month	- Movember (Men's Health)
	13 <sup>th</sup> November	- Children in Need
	11 <sup>th</sup> – 16 <sup>th</sup> November	- Alcohol Awareness Week
December 2021	2 <sup>nd</sup> -7 <sup>th</sup> December	- Grief Awareness Week
	ТВС	- Christmas Fair /Santa Stroll
	10 <sup>th</sup> December	- Christmas Jumper Day
	All month	- Festive H&S Briefing
January 2022	ТВС	- Debt Awareness Week
February 2022	1 <sup>st</sup> February	- Dignity Action Day
	7 <sup>th</sup> February	-Time to Talk
	TBC	-Apprentice Week
March 2022	10 <sup>th</sup> March	- No Smoking Day
	TBC	- Sports Relief
	20 <sup>th</sup> March	- World Oral Health Day
	21 <sup>st</sup> March	- Downs Syndrome Awareness
		Day
	TBC	-National Complementary Therapy
		Week
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