



Brothers of Charity Services

working in partnership for positive lives in England



Health BOCS

By The Brothers of Charity

Brothers of Charity Services in England Be Holistic sessions at Thingwall Hall



As part of our ongoing HealthBOCS programmes into positive staff wellbeing initiatives in 2020 we continue to welcome registered provider 'Be Holistic' to deliver a variety of alternative therapy treatments to staff and the people we support on a complementary basis.



Liz Keeble from Be holistic is qualified to deliver a range of holistic therapies and offers a choice of the following experiences: Aromatherapy massage, Deep tissue massage, Reflexology of hands and feet and Reiki.



You can book a session at Thingwall Hall on the following dates:

- 8th September • 6th October • 3rd November
- 1st December

30 Minute slots will be available at the following times:

- 10am • 11:20am • 1pm • 2:20pm
- 10:40am • 12pm • 1:40pm



Please contact the HR Team at Thingwall Hall to book a session:

☎ Elle Maguire: 5411 or 0151 228 4429

✉ hrteamthingwall@brothersofcharity.org.uk