

Brothers of Charity Services in Lancashire

## Health and Wellbeing Day





We are holding a Health and Wellbeing Day on Wednesday 21st March 2018 at Lisieux Hall.

The event will begin at 11am and finish at 3pm.



We will have a range of health and wellbeing related stalls in the Training Room from 11am.



Our Sports Relief Football Tournament will start at 11am. It will feature teams from our Lancashire Services.

## **Exhibitors**

- Active Nation
- Medicash
- Pets Corner
- Voice for All

- Roccoco
- Crafty Uniforms
- Distance Learning
- Meet and match

The event is free to attend. Everyone is welcome to come along and join us!