

CARITAS

Health & Wellbeing Calendar of Events 2020/2021

Month	Date	Event
April 2020	2 nd April	- World Autism Awareness Day
May 2020	11 th – 17 th May	- Dementia Awareness Week
June 2020	17 th -23 rd June	- Disability Awareness Day
	1 st -7 th June	- National Volunteers Week
	8 th -14 th June	- Diabetes Awareness Week
	8 th -14 th June	- National Carers week
July 2020	All month	- Medicash / Staff Benefits
	10 th July	- Heritage Day
August 2020	All month	- Sun Care
	All month	- BBQ Safety
September 2020	All month	- World Alzheimer's month
	23 rd September	- National Fitness Day
	25 th September	- MacMillan Coffee Morning
October 2020	All month	- Breast Cancer Awareness Month
	All month	- Stoptober
	10 th October	- Mental Health Awareness Day
	18 th October	- Anti Slavery Day
	All month	- Winter/Flu Jab promotion
November 2020	All month	- Movember (Men's Health)
	13 th November	- Children in Need
	TBC	- Alcohol Awareness Week
December 2020	ТВС	- Christmas Fair /Santa Stroll
	11 th December	- Christmas Jumper Day
	All month	- Festive H&S Briefing
January 2021	All month	- Debt Awareness Week
February 2021	1 st February	- Dignity Action Day
	3 rd - 7 th February	-Apprentice Week
March 2021	TBC	- No Smoking Day
	TBC	- Downs Syndrome Awareness
		Day
	TBC	- Sports Relief













