



Brothers of Charity Services

working in partnership for positive lives in England



Health BOCS

By The Brothers of Charity

Brothers of Charity Services in England

Be Holistic sessions at Lisieux Hall



As part of our ongoing HealthBOCS programmes into positive staff wellbeing initiatives in 2020 we continue to welcome registered provider 'Be Holistic' to deliver a variety of alternative therapy treatments to staff and the people we support on a complementary basis.



Liz Keeble from Be holistic is qualified to deliver a range of holistic therapies and offers a choice of the following experiences: Aromatherapy massage, Deep tissue massage, Reflexology of hands and feet and Reiki.



You can book a session at Lisieux Hall on the following dates:

- 22nd September • 20th October • 17th November
- 15th December

30 Minute slots will be available at the following times:

- 10am
- 11:20am
- 1pm
- 2:20pm
- 10:40am
- 12pm
- 1:40pm



Please contact the HR Team at Lisieux Hall to book a session:

☎ Elle Maguire: 5411 or 01257 266 311

✉ hr@brothersofcharity.org.uk